

Working for you



Brimhams fitness centre at Ripon

Price list 1 April 2011 - 31 March 2012

Membership includes use of all three fitness suites at the Hydro, Nidderdale Pool and Ripon Leisure Centre, and swimming at all five district swimming pools.

Opening times

Please visit our website
www.harrogate.gov.uk/sportandleisure
or call the Leisure Centre.

Ripon Leisure Centre, Dallamires Lane, Ripon HG4 1TT
Tel: 01765 601353

Brimhams

fitness centre

All memberships include:

- Unlimited access to Brimhams Fitness Studio and workout classes
- Sessions at Ripon Spa Baths including Aquafit, Early Birds, General Swims, 50+, Disabled Sessions, Women Only and Adults Only
- Use of the Battenburg Health Suite (timetables permitting - see separate programme)
- Free Gym Induction and monitored individual training programme, performed by our team of fully qualified fitness professionals

(All memberships are non-transferable)

Membership Options

| | Monthly direct debit |
|-------------------------------|----------------------|
| Ripon Total | £37.50 |
| Ripon Total Concession | £27.50 |
| Ripon Total Couple | £66.75 |
| Ripon Total Couple Concession | £49.00 |

Fitness Studio - pay as you go

| | |
|---------------------------|--------|
| Casual session | £7.40 |
| Casual session Concession | £4.10 |
| Induction | £14.60 |

- **New split level fitness facility**
- **State of the art fitness equipment**
- **Both areas fully air conditioned**
- **Brand new dedicated heavy weights room**
- **Fitness testing undertaken by fully qualified fitness professionals**



Teen Tone Zone

Come and join our fully supervised workout sessions for 12-16 year olds.

Booking required - £3.50 per session.

(6 sessions for the price of 5 - £17.50)

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|-------------------|-------------------|
| Monday - Friday | 4.30pm - 5.15pm |
| Saturday - Sunday | 12.00pm - 12.45pm |

Harry's Place Crèche

**You look after your fitness -
we'll look after your children**

- Professionally supervised crèche for children aged 12 weeks - 4 years
- Ofsted regulated
- Pre-booking essential - places limited
- Members can book 21 days in advance, non members 14 days in advance
- £3.60 per session - to be paid when booking in person
- 24 hours notice of cancellation required