

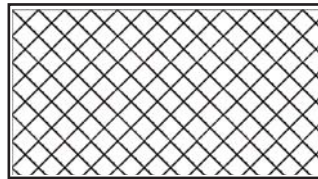


Control Markers

These are wooden posts along the course. Each marker has a letter which shows that you have visited the right marker.

Out of Bounds

Please note the Out of Bounds symbols and avoid going into these areas. As these sites are usually very busy we hope you respect the rights of way of other users of the area.



Have a Go

Now it's time to get your map and 'have a go' at Orienteering in Harrogate. Maps are currently available from the Tourist Information Centre and will be available from the Games Hut in Valley Gardens from April to October.



More Information

The local club is Claro, which covers Harrogate, Ripon and the area between the Dales and A1.

Find us at www.claro-orienteing.org or visit www.harrogate.gov.uk/orienteering

Orienteering in Harrogate

The permanent course has been provided by Harrogate Borough Council supported by Claro Orienteering Club



Introduction

The Permanent Orienteering Course (POC) at Harlow Hill ranges over the three areas of the Valley Gardens, the Pinewoods and Birk Crag. It has been designed to provide both an introduction to the sport for newcomers and a challenge for those who have previously tried it. The course is planned to avoid houses and fields – please respect the ‘Out of Bounds’ areas, which must not be crossed (marked with black hatching on the map).

What Do I Do?

Using the map, navigate from one control to the next, in the correct order, for your chosen course. Each control is marked on the map with a red circle. The control is a short wooden post set in the ground. It will be at the feature shown in the centre of the circle. There is a description of each control feature included in this leaflet.



When you have found the correct control site it will have a letter matching the one on the map.

The start and finish of all courses is the Games Hut in the Valley Gardens (next to the tennis courts). The Hut is marked on the map by a red triangle inside a red circle.

The Map

Each map has a list showing the meaning of the symbols. These are standard orienteering symbols and are often different to those on other maps like OS maps. For example, runnable forest is shown as white. The black parallel lines with arrows show the direction of magnetic North. The map scale is 1:7500, which means that 1cm on the map represents 75 metres on the ground.

When using the map, make sure it is orientated correctly, i.e. hold it so that it matches the ground. This makes it easier for you to find your way. Keep turning the map and reading it to match your direction of travel. If you keep your thumb just underneath the place you have reached then it is easier for you to see where you are.

The Courses

Three courses have been planned as short, middle and long. The short is specifically for beginners and is almost completely on paths within the top part of the Valley Gardens. The middle and long courses are intended for more experienced orienteers and go into the Pinewoods and then for the long course into Birk Crag. The controls on these courses are technically harder.



Valley Gardens, Pinewoods and Birk Crag

The sites used for this course vary from the acres of floral elegance, numerous recreational facilities and medicinal springs of the Valley Gardens, to the rugged terrain of the Pinewoods and Birk Crag, with their diverse wildlife habitats, flowers and plant species.

Control Features

Red circles with accompanying letter show the exact positions of the controls in the park. The centre of the circle represents the position of the wooden marker. The marker will have the corresponding letter marked on the top. Each control also has a description of its location.

Red Triangle Inside a Red Circle marks the start and finish of all the courses.

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