

Working for you

## Sports Development E-News Bulletin

Also in this issue...

Edition 6 – Oct 2010

- Congratulations on **DOUBLE GOLD** for World Junior Champion *Jack Laugher*
- [Junior Athletics in the Harrogate District](#)
- [National Compact Review – Have Your Say](#)
- [Harrogate Volunteer Centre Needs Your Club!](#)
- [New Harrogate Girls Football Development Centre Opens](#)
- [Meet the Funder - Still chance to book place](#)
- [Free Guide for Life](#)
- [Rossett Aikido - congrats to Philip O'Hara](#)
- [Clubmark Congrats](#)
- [Coaching NY Sport – register now for FREE!](#)
- [Latest Coach Education Workshops](#)
- [Win England vs. France tickets at Wembley!](#)

Spotlight On.....

Harrogate & District *Diving Club* 

### Harrogate & District Diving Club

Each edition we will be putting the spotlight on a different local club or individual. This edition, we take a look at the Hydro-based Harrogate and District Diving Club's recent achievements at the World Junior Championships in the USA.

Congratulations on **Double Gold** for World Junior Champion Jack Laugher!

*Young British diver Jack Laugher is celebrating after being crowned World Junior 1m Springboard Diving Champion at the age of just 15. The Harrogate and District Diving Club athlete, made history on the penultimate day by winning gold in both Springboard events at the 18<sup>th</sup> FINA World Junior Championships in Tucson, Arizona in the United States. Jack is part of the British Diving Team, powered by British Gas, and has become Britain's first world junior champion since 1999.*

*Laugher, who qualified number one into the final, scored 8.5's on his inward one-and-a-half somersault, 7.5s on his forward one-and-a-half somersault and 8.5's on his reverse two-and-a-half somersault dives to give him a winning margin of over 23 points. Laugher added 3m Springboard gold to the 1m title he won on Friday and has become the first British Diver to win Double World Junior titles with his impressive performance in Arizona. The Harrogate Diver went into the final ranked in first place with a lead of thirty points and he took to the 3m Springboard with confidence.*

*Laugher secured good scores throughout but left his best for last scoring a total of 78.00 points for his Front 2 ½ Somersaults 1 Twist Piked. Laugher's teammate Oliver Dingley, also from the Harrogate and District Diving Club, finished in 11th place in the 1m Springboard.*

In each edition we will be putting the spotlight on a different club or individual so here's your chance to get yourself known! Whatever level you are performing at, we will consider all entries for the "Spotlight On..." feature. Please email a short story, club logo and a recent photograph to [Lindsay.spicer@harrogate.gov.uk](mailto:Lindsay.spicer@harrogate.gov.uk)

### Note from the editor

Welcome to the sixth edition of the Sports Development E-newsletter. I hope you are finding it interesting and informative this far! Summer 2010 was a very busy time for the team, with athletics, football, goalkeeping, cycling and cheerleading sports camps, the Olympic Open Weekend, coach education and training courses, and not forgetting the 11<sup>th</sup> annual North Yorkshire Youth Games!

If we can be of any help to point you in the direction of a sport or activity you'd like to try, please visit our website or contact one of the team and we'll do our best to help you!

Keep enjoying your sport, *Lindsay*

P.S. If you are a coach in the Harrogate District, please register for FREE on [www.coachingnysport/harrogate](http://www.coachingnysport/harrogate) the new Coach Management Database for lots of information on current news, training, volunteering and coaching opportunities



## Junior Athletics in the Harrogate District

Harrogate now has three junior Athletics clubs in the District, providing opportunities for children aged 8-14 to get involved in the national Sportshall Athletics programme.

The scheme uses modified equipment to deliver all the disciplines associated with track and field athletics in a fun and safe environment. The scheme also promotes core fitness through agility, balance and co-ordination activities, technical sessions such as long jump, triple jump, javelin, shot, hurdles, sprints and relays and an agility challenge scheme where the children can obtain certificates for the scores they achieve in different events.

There are clubs based at:

- Harrogate High School (Wednesday evenings)
- Ripon Leisure Centre (Wednesday evenings)
- Nidderdale Pool and Leisure Centre (Monday evenings)

**For more information please contact Helen Dennis on 01423 556701**

## National Compact Review – Have Your Say!

The Compact is an agreement between the voluntary sector and the Government to ensure better partnership working for the benefit of citizens and communities. The original Compact was published in 1998, refreshed in 2009 and every local area now has a local Compact. The **North Yorkshire Compact** is available at [www.nysp.org.uk/compact](http://www.nysp.org.uk/compact)

The Compact with government is currently being reviewed. A consultation on the proposed revised compact is now being undertaken - visit [www.compactvoice.org.uk/renewal](http://www.compactvoice.org.uk/renewal) for details. Organisations and individuals are encouraged to participate in this review as it marks the beginnings of our new relationship with the coalition government. There is a Questions and Answers page on the renewal <http://www.compactvoice.org.uk/renewal/q+a>

## Harrogate Volunteer Centre needs YOUR CLUB!

The volunteer centre has a register of volunteers who would like to come and help out NOW at a sports club – but they need clubs to come forward with suitable opportunities for keen volunteers. So if your club could benefit from extra assistant coaches, officials, secretaries, treasurers, team managers, website developers, timekeepers, scorers or any other role you can think of, register your clubs' details and support a volunteer today.

**Contact Caroline Shead at the Harrogate CVS on [Caroline@harrogatecvs.org.uk](mailto:Caroline@harrogatecvs.org.uk) 01423 509004 for further details.** Further information about volunteering is available on their website [www.harrogatecvs.org.uk/volunteering](http://www.harrogatecvs.org.uk/volunteering) or visit [www.do-it.org](http://www.do-it.org) for nationwide volunteering information and opportunities (for individuals and clubs)



## West Riding Girls' Football Development Centres



### Harrogate

**Where?** Rossett Sports Centre, Pannal Ash Road, Harrogate, HG2 9JP

**When?** **Every Tuesday 5-6pm**

**Who?** 11-13 year olds

**ONLY £1.50  
A session!**

**Harrogate**  
School Sports Partnership

**Come and play  
Everyone  
Welcome!**

**For further information call Caroline Hulme, Women and Girls' Football Development Officer on 0113 282 2358 or email [Caroline.hulme@wrcfa.com](mailto:Caroline.hulme@wrcfa.com)**

## Harrogate District's Meet The Funder - still time to book a place!

**Tuesday 12 October 2010**  
**Ripon Community House**  
**11am – 3pm**

A **FREE** information and advice day on funding for all voluntary and community groups in the Harrogate District.

Meet funders face to face, understand their funding criteria and where to go for information and advice. There will be presentations and funding briefings taking place throughout the day.

If you haven't booked your place yet, don't delay! Contact Nina Muir on 01423 504074 or email [nina@harrogatecvs.org.uk](mailto:nina@harrogatecvs.org.uk)

## Do you work with Young People in the Harrogate District? You need 'GUIDE 4 LIFE'

[www.guide4lifeharrogate.com](http://www.guide4lifeharrogate.com)

Guide 4 Life is for young people in and around Harrogate. It aims to point young people to contacts that can provide advice, help and support on a range of issues. Topics include Feeling Different, Managing Emotions, Relationships, Beating Boredom, Safety, Alcohol, Rights and Responsibilities

With support from the Harrogate District Safer Communities Partnership, HACVS has produced postcards to promote the website and the availability of pocket guides. Free cards are available from Harrogate Community House - please email [cvs@harrogatecvs.org.uk](mailto:cvs@harrogatecvs.org.uk) if you are interested in receiving copies to distribute.

**The pocket guide booklet is available at £2.30.** If you would like a copy for yourself or copies for your organisation please contact Angela at Harrogate and Area Council for Voluntary Service on 01423 504074 or email [cvs@harrogatecvs.org.uk](mailto:cvs@harrogatecvs.org.uk)

## Rossett Aikido goes East – congratulations to Philip O'Hara!

Harrogate Rossett Aikido took a Bronze at the European Internationals on the weekend of the 4<sup>th</sup> and 5<sup>th</sup> September 2010. Phillip O'Hara took Bronze in the NININ DORI (Two onto One) Event. All of our young competitors put in outstanding performances and were commended on both their levels of performance and their depth of knowledge surrounding the sport.

For further information on Aikido at Rossett Sports Centre in Harrogate, please contact the centre directly on 01423 505455

## Get Into Coaching

### Are you:

- INTERESTED IN COACHING
- ALREADY COACHING
- LOOKING TO GAIN EMPLOYMENT AS A COACH
- CONSIDERING RECRUITING COACHES

### Do you want:

- ACCESS TO COACHING INFORMATION & COURSES
- INFORMATION ON EMPLOYMENT OPPORTUNITIES
- TO FIND A COACH



If so please register on:

 [www.coachingnysport.co.uk/harrogate](http://www.coachingnysport.co.uk/harrogate)

for further information please contact

Pete Taylor, North Yorkshire Sport Coaching Development Manager

T: 01423 841079 E: [peter.taylor@harrogate.gov.uk](mailto:peter.taylor@harrogate.gov.uk)

## Clubmark Congratulations!

Congratulations to **Bilton Cricket Club** and **Knaresborough Cricket Club** for becoming re-accredited for Clubmark in September 2010.

For more information on how your club can achieve Clubmark please visit call Helen Dennis on 01423 556701 or email [Helen.dennis@harrogate.gov.uk](mailto:Helen.dennis@harrogate.gov.uk) for a discussion, and support through the Clubmark process.

## Emergency First Aid Course

Tuesday 12<sup>th</sup> October 6.30 - 9.30pm

Harrogate Hockey Club

£25 per candidate

Contact [Chris.rogers@harrogate.gov.uk](mailto:Chris.rogers@harrogate.gov.uk)

This 3 hour course includes a certificate valid for 3 years, and provides participants with a basic knowledge of resuscitation and First Aid and is a must for all coaches or potential coaches.

The course is delivered by DTC Tutor Chris Rogers. It is aimed at sports people and is accepted by most National Governing Bodies of Sport.

## Safeguarding and Protecting Children

20 January 2011

Harrogate Hockey Club

£28.00 per candidate

Contact [Helen.dennis@harrogate.gov.uk](mailto:Helen.dennis@harrogate.gov.uk)

The Course is an essential component for all coaching qualifications and needs to be renewed every 3 years. It is also a requirement for the Club Development Officer for those clubs working towards Clubmark.

For further information or to book a place please

## Win tickets to England vs. France at Wembley!

Is your sports club affected by regulatory burdens, red tape and bureaucracy, which prevent you from delivering sport? The CCPR are conducting a review around the regulatory burdens affecting sports clubs, and are looking for clubs to contribute to this. The Government has asked CCPR to conduct a review into the impact of regulatory burdens on sports clubs and their volunteers. We want to know about the regulatory burdens getting in your way or driving you mad at your sports club. Tell us via our short online survey at [www.surveymonkey.com/s/RBR](http://www.surveymonkey.com/s/RBR)

Everyone who completes the survey will be entered into a prize draw to win 2 tickets to see England vs. France on 17 November 2010. For queries or comments about the review contact Syann Cox on [scox@ccpr.org.uk](mailto:scox@ccpr.org.uk)

### John Mcgovern

Senior Sports Development Officer

### Jo Armstrong

Sport and Play Development Officer

### Lindsay Spicer

Sports Development Officer

### Helen Dennis

Assistant Sports Development Officer

Tel: 01423 556729

[John.mcgovern@harrogate.gov.uk](mailto:John.mcgovern@harrogate.gov.uk)

Tel: 01423 556745

[Joanne.armstrong@harrogate.gov.uk](mailto:Joanne.armstrong@harrogate.gov.uk)

Tel: 01423 557625

[Lindsay.spicer@harrogate.gov.uk](mailto:Lindsay.spicer@harrogate.gov.uk)

Tel: 01423 556701

[Helen.dennis@harrogate.gov.uk](mailto:Helen.dennis@harrogate.gov.uk)

### Harrogate Borough Council Sports Development Unit

Department of Development Services, Scottsdale House,  
Springfield Avenue, Harrogate, HG1 2HR

Tel: 01423 556729 or Fax: 01423 556730

Email: [sports.development@harrogate.gov.uk](mailto:sports.development@harrogate.gov.uk)

Visit our website!

[www.harrogate.gov.uk/sportsdevelopment](http://www.harrogate.gov.uk/sportsdevelopment)