

Working for you

HARROGATE – THE HYDRO

Jennyfield Drive, Harrogate HG1 2RP Tel: 01423 556767

MAIN POOL

Monday*	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Birds 7.30 – 9.00am						Early Birds 7.00 – 9.00am
▲ 50 Plus 9.00 – 10.00am	▲ Adults Only 9.00 – 10.00am	▲ Women on Wednesday 9.00 – 10.00am	▲ 50 Plus 9.00 – 10.00am		Early Birds/ Swim Squads 7.00 – 9.00pm	General Swim 9.00 – 2.00pm
▲ General Swim 10.00 – 12.00pm						❖ Fun Session 2.15 – 3.45pm
Adults Only and Adults Only Lane Swim 12.00 – 1.30pm					General Swim 9.00 – 3.00pm	
General Swim 1.30 – 3.00pm						Party Hire 4.00 – 6.00pm
❖ Fun Session 3.15 – 4.45pm						
★ Swim Squads 5.00 – 8.30pm	★ Swim Squads 5.00 – 6.00pm		★ Swim Squads 5.00 – 7.00pm	★ Swim Squads/ General Swim 5.00 – 6.30pm	Party Hire 5.00 – 6.00pm	
	★ General Swim/ Swim Squads 6.00 – 7.30pm		★ General Swim/ Swim Squads 6.00 – 8.30pm	General Swim 7.00 – 8.00pm	General Swim 6.30 – 8.15pm	Staff Training 6.00 – 8.00pm
	General Swim 7.30 – 8.30pm					
★ Adults Only/ Swim Squads 8.30 – 9.30pm	Adults Only 8.30 – 9.30pm	Women Only 8.30 – 9.30pm	Lane Swim/ Sub Aqua 8.00 – 9.00pm		*BANK HOLIDAY MONDAY 30 AUGUST Early Birds 7.30 – 9.00am General Swim 9.00 – 1.00pm POOL CLOSSES AT 1.00PM	

★ These sessions will revert to General Swim or Adults Only from 9 to 22 August.

❖ For children under 16 and accompanying adults. ▲ S.D.S. may require 2 lanes during these sessions.

TEACHING POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimming Development Scheme Holiday Courses 9.00 – 10.00am (please ask at reception for details)					General Swim 9.00 – 3.00pm	General Swim 9.00 – 2.00pm
General Swim 10.00 – 3.00pm						
Fun Session 3.15 – 4.45pm (for children under 16 years and accompanying adults)						Fun Session 2.15 – 3.45pm (for children under 16 years and accompanying adults)
BANK HOLIDAY MONDAY 30 AUGUST General Swim 9.00 – 1.00pm POOL CLOSSES AT 1.00PM	General Swim 6.00 – 7.30pm				Party Hire 5.00 – 6.00pm	

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