Harrogate BOROUGH COUNCIL

Working for you

RIPONRIPONRIPONRIPONRIPON

RIPON SPA BATHS

Park Street, Ripon HG4 2BD **Tel: 01765 603383**

▲ Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Riser General Swim 7.00 – 9.00am			**Early Riser General Swim** 7.30 – 9.00am	**Early Riser General Swim** 7.00 – 9.00am		
Adult Learners Beginners 9.00 – 10.00am	**Adult Learners Intermediate/ Advanced** 9.00 – 10.00am	★**S.D.S. Holiday Course** 9.00 – 10.00am w/c 2 Aug and w/c 16 August – all other dates General Swim			**General Swim** 9.00 – 2.00pm	**General Swim** 9.00 – 12.00pm
★ **S.D.S. Holiday Course** 10.00 – 11.00am w/c 2 August and w/c 16 Aug All other dates General Swim		**General Swim** 10.00 – 11.00am	**General Swim** 10.00 – 2.00pm			**Private Hire Sub Aqua For All** 12.00 – 1.00pm
50 Plus 11.00 – 12.00pm	**General Swim** 11.00 – 12.15pm	**50 Plus** 11.00 – 12.00pm				
General Swim 12.00 – 2.00pm	✣ **Rafts Session** 12.30 – 1.45pm	**General Swim** 12.00 – 2.00pm				
✣ **Rafts Session** 2.15 – 3.45pm	**Staff Training** 1.45 – 3.45pm	✣ **Rafts** 2.15 – 3.45pm				✣ **Rafts Session** 1.15 – 2.45pm
General Swim 4.00 – 6.00pm	**General Swim** 4.00 – 7.00pm		**General Swim** 4.00 – 8.00pm	**General Swim** 4.00 – 7.30pm	**Party Time** 4.00 – 5.00pm and 5.15 – 6.15pm	**General Swim** 3.00 – 5.00pm
Women Only 6.00 – 7.00pm	**Adults Only** 7.00 – 8.00pm	**Private Hire Scuba Diving for All** 7.00 – 8.00pm		**Disabled Swim** 7.30 – 8.30pm		**Lifesaving Courses** 5.00pm onwards
✦**Aquafit** 7.15 – 8.00pm						
Adults Only 8.00 – 9.00pm		**Sub Aqua** 8.00 – 9.00pm	**Adults Only** 8.00 – 9.00pm	▲ THE POOL WILL BE CLOSED BANK HOLIDAY MONDAY 30 AUGUST 2010	We operate a 'NO SHOES' policy in the Changing Area (Shoe covers available at reception)	

✣ For children under 16 years and accompanying adults.
✦ Booking is essential. ★ S.D.S. is our Swimming Development Scheme. Please ask at Reception for details.

Join BRIMHAMS TOTAL FITNESS and receive free swim and saunas